INTRODUCTORY SEMINARS IN GROUP ANALYSIS

ISTANBUL 2026-2027

MEETING DATES	Module 1: Introduction and History
Saturday 10 October 2026 12:00-14:00 **Konstantinos Liolios**	**Section 1.** **The Group-Analytic Vision: From the Couch to the Circle** **Chapters:** 1–2 • Why group analysis? • The move from individual to group psychotherapy • The group as a therapeutic medium • The social nature of mind and experience **Key concepts** • Matrix • Relationship and context • The social unconscious
Saturday 14 November 2026 12:00-14:00 **Kelly Bousia**	**Section 2.** **Historical Origins of Group Analysis** **Chapters:** 1, 6, 7 • Historical roots of group psychotherapy • Psychoanalytic influences • The work of S. H. Foulkes • Post-war developments and the emergence of group analysis • Social, cultural, and institutional influences **Learning focus** • Understanding how group analysis evolved and why it emerged

Saturday 12 December 2026 12:00-14:00 **Kelly Bousia**	**Section 3.** **Group Analysis in Relation to Other Psychotherapy Models** **Chapter:** 7 • Group Analysis • Psychoanalytic Group Psychotherapy • Tavistock traditions • Interpersonal approaches • Systemic perspectives **Learning focus** • Locating group analysis within the wider psychotherapy field
MEETING DATES	**Module 2: Foundations**
Saturday 16 January 2027 12:00-14:00 **Kelly Bousia**	**Section 4.** **The Three Dimensions of Therapeutic Change** **Chapter: 2** • Relational processes • Reflective processes • Reparative processes • Mechanisms of change in groups **Learning focus** • Understanding how therapeutic change occurs
Saturday 13 February 2027 12:00-14:00 **Konstantinos Liolios**	**Section 5.** **Human Development and Group Development** **Chapter:** 3 • Lifespan development • Group developmental stages • Attachment and belonging • Identity formation within groups **Learning focus** Developmental perspectives in group analysis

Saturday 13 March 2027 12:00-14:00 **Konstantinos Liolios**	**Section 6. Communication, Language, and Meaning** **Chapters:** 4–5 • Monologue, dialogue, discourse • Listening and interpretation • Silence and non-verbal communication • Meaning-making in groups **Learning focus** • Understanding communication as the central therapeutic process
MEETING DATES	**Module 3: Clinical Settings and Practice**
Saturday 10 April 2027 12:00-14:00 **Spiros Loutsos**	**Section 7. Group Analysis Across Clinical Settings** **Chapter:** 6 • Outpatient groups • Inpatient groups • Community settings • Time-limited and long-term groups • Different client populations **Learning focus** • Adapting group-analytic principles to diverse settings
Saturday 08 May 2027 12:00-14:00 **Spiros Loutsos**	**Section 8. Understanding Group Dynamics in Practice** **Chapters:** 8–10 • Structure, process, and content • Resonance • Mirroring • Reciprocity • Boundaries and membership **Learning focus** • Observing and formulating group processes

Saturday 12 June 2027 12:00-14:00 **Konstantinos Liolios**	**Section 9. The Conductor and Clinical Leadership** **Chapters:** 11–12 • The role of the conductor • Authority and responsibility • Narrative and meaning-making • Therapeutic interventions • The six key clinical questions **Learning focus** • Developing the skills and stance of the group conductor